

Guide for Determining Alignment of Community-Based Rehabilitative Care Programs

The following information is based on the learnings from the HNHB LHIN to achieve consensus and consistency in the alignment of community-based (including hospital-based outpatient) rehabilitative care programs across the LHIN's sub-regions.¹ It is offered as a guide to support consistency in the alignment of these programs across LHINs.

The HNHB LHIN engaged stakeholders from across its sub-regions to engage in several discussions to reach consensus and consistency across sub-regions on:

- Alignment of similar-type programs across sub-regions.
- Alignment for programs which may have been aligned with both progression and maintenance levels of rehabilitative care.
- Which programs to include/exclude given the scope of the RCA definitions framework

To determine if a program aligns with Progression vs. Maintenance level of rehabilitative care, consider:

1. The overall functional trajectory of the program as it applies to at least 80% of the clients.
2. The type of referrals that are accepted. Can a referrer send a referral for maintenance only? Progression only? For both?

Alignment of community-based rehabilitative care programs in the HNHB LHIN

Progression

Consensus was achieved across HNHB LHIN rehabilitative care programs/services related to where programs align with progression:

- ▲ All Caring for My COPD programs
- ▲ All Community Physiotherapy Clinics (CPC) programs
- ▲ Single service 1:1 rehabilitative care
- ▲ Some OP/AMB clinics aligned with progression
- ▲ OT, PT, SLP, Hydrotherapy
- ▲ Swallowing clinics
- ▲ Amputee therapy program
- ▲ Hand therapy

Maintenance

Consensus was achieved across HNHB LHIN rehabilitative care programs/services related to where programs align with maintenance:

- ▲ All Regional aphasia programs
- ▲ All Falls prevention programs
- ▲ Some OP/AMB clinics aligned with maintenance
- ▲ Cardiac rehabilitation
- ▲ Spasticity management
- ▲ Pain management

¹ Based on presentation by Kim Young, RCA LHIN Lead to RCA Definitions Advisory and HSP Definitions Implementation Group on January 16, 2019.