



## About the RCA's new primer

### **Patient and System-Level Benefits of Rehabilitative Care:**

*A primer to support planning by OHTs and Ontario Health*

#### **Why a primer?**

Ontario Health Teams (OHTs) are a new way of organizing and delivering services for patients. They will be responsible for delivering all of the care for their patients, understanding their health care history and needs, and directly connecting them to the different types of care they need. The primer is designed to help OHT and Ontario Health administrators and planners better understand how rehabilitation supports a population-based approach and how rehabilitative services can be integrated into the care OHTs provide.

#### **Who is it for?**

- Administrators/planners in OHTs
- Regional/provincial policy-makers

#### **What does it include?**

- Current evidence on how rehabilitative care can improve outcomes
- Evidence and examples organized by setting: primary care, inpatient (acute and post-acute) and home and ambulatory care
- Considerations when planning rehabilitative care services to address post-injury/illness, progressive/chronic conditions or prevention. Includes patient characteristics and populations, how rehab can help, links to best practice frameworks/resources and information on where to access these rehab care program/services

#### **What does it demonstrate?**

- Rehabilitative care improves outcomes
- Rehabilitative care providers should be active partners at OHT planning tables

#### **What can I find it?**

- [Patient and System-Level Benefits of Rehabilitative Care: A primer to support planning by OHTs and Ontario Health](#)