



Rehabilitative Care Alliance

RCA 2019-22 Initiatives

RCA initiatives are developed in consultation with stakeholders, including patients, across the province and may evolve in response to changes underway in the health care system.

Bundled Care

Objective: Partner with the MOH, HQO and rehabilitative care service providers to support implementation of bundled care.

Best practice recommendations and quality improvement

- Update the existing RCA rehabilitative care best practice framework for unilateral hip and knee replacement to include simultaneous bilateral knee and hip replacement in collaboration with Health Quality Ontario.
- Develop a guideline on best practices for rehabilitative care following shoulder arthroplasty and reverse arthroplasty in collaboration with Health Quality Ontario.
- Hold informational webinars on these provincial recommendations to support implementation of bundled care for these populations.
- Support the development of quality improvement initiatives that enhance TJR bundled care by addressing the opportunities for improvement identified in the analyses of the 2018 self-assessments (completed by health service providers to determine their alignment with the RCA TJR best practice framework)
- Develop resource guides to share existing TJR rehabilitative care best practice tools, approaches and resources.
- Hold knowledge exchange events to share implementation strategies.

Outpatient rehab data reporting

- Provide implementation support to the Ministry in the roll-out of bundled care.
- Identify operational issues experienced by rehab providers and highlight to the Ministry, as needed.
- Provide training and support (as needed) on use of outpatient rehab data reporting tools to providers participating in bundled care, including implementation support for participating sites and bundled care data analysis review and reporting.
- Continue focus on implementation and reporting of patient experience for outpatient rehab (e.g., WatLX™).

Capacity Planning

Objective: Continue to support regions in applying a standardized, needs-based approach to capacity planning for rehabilitative care.

- Provide coaching and leadership on the application of the Health System Structural Approach to capacity planning to all interested regions.
- Support the development of a local, needs-based capacity plan for a specific population (hip fracture patients) with interested regions.
- Identify the next priority patient population for capacity planning and apply and test the capacity planning approach for that population.
- Summarize and share recommendations based on the results of the planning process.

Community Rehab

Objective: Profile the role of community-based rehab in supporting people to return home, enhance or maintain functional status and identify opportunities for the spread of innovative, cost-effective models of rehabilitative care.

- Produce a position paper that summarizes community-based rehab models (in-home, ambulatory and primary care settings) in practice and in the literature that have demonstrated an impact on client and system level outcomes.
 - Review existing literature, frameworks and best practice guidelines and engage with provincial stakeholders (including clinical subject matter experts) to highlight community-based models of care and best practices that impact client and system level outcomes.

Definitions

Objective: Advance the understanding and optimization of rehabilitative care resources to benefit patients; provide support to further spread and integrate the definitions frameworks across the province.

- Develop a best practice guideline that describes: the role and benefits of rehabilitative care in optimizing patient outcomes, how to determine who would benefit from that care and how to determine the most appropriate setting.
- Analyze rehabilitative care programs listed in the RCA portal to illustrate how resources are being used within and across regions and share this analysis with OHTs and others to inform their program decisions.
- Align Access to Care ALC Wait Time Information System reporting of discharge destinations with the definitions frameworks to ensure ALC reporting reflects demand for rehabilitative care in a standardized way across the province.
- Increase awareness and understanding of the definitions frameworks and terminology at the frontline (e.g., staff and physicians).

Frail Seniors

Objectives: Support regional implementation of the post-fall rehabilitative care pathways; define the key components of geriatric rehabilitative care across the continuum; support quality improvement in outcomes and flow for frail seniors who sustain a hip fracture.

Post-fall rehabilitative care pathways

- Pilot the pathways to rehabilitative care for frail older adults in the community who present to primary care or the ED post-fall in 3-4 regions across Ontario.
- Develop an operational and clinical toolkit and broader communication and implementation strategy based on recommendations from the pilot.

Geriatric rehabilitative care

- Develop a Geriatric Rehabilitative Care Best Practice Framework that defines the key components of geriatric rehabilitative care across the continuum, leveraging existing resources and evidence-informed geriatric best practices through the following activities:
 - Update the 2015 RCA *Compendium of Rehabilitative Care Best Practices to Support the Assessment and Treatment of Geriatric Syndromes* by refreshing the review of existing literature, frameworks and best practice guidelines and by engaging with provincial stakeholders (including clinical subject matter experts and RGPO/PGLO) to identify key best practices and models of care related to geriatric rehabilitation.
 - Develop a sector-specific geriatric rehabilitative care best practice framework and outline best practices and models of care in each level of care as per the RCA Definitions Framework.

Hip fracture rehabilitative care best practices

- Support the development of regional plans to execute best practice implementation strategies based on opportunities for improvement identified in the analyses of the 2018 self-assessment (completed by health service providers to determine their alignment with RCA's hip fracture best practice framework).
 - Solicit expressions of interest from regions/Ontario Health Teams with a focus on hip fracture to participate in a quality improvement process.
 - Use the quality improvement process developed by the RCA's System Evaluation Initiative to guide development and implementation of quality improvement plans.
- Develop resource guides to share existing hip fracture best practice tools, approaches and resources.
- Hold knowledge exchange events to share implementation strategies.

Assess & Restore

- Develop annual analysis and summary report of the provincial impact of Assess & Restore initiatives (pending Ministry reporting requirements for Assess & Restore initiatives).

System Evaluation

Objective: *Standardize evaluation of rehabilitative care services at the regional and provincial level to support evidence-based practice and system-wide improvement.*

- Produce a detailed report of the findings from the Phase II CRA pilot of patient outcomes in outpatient rehab.
- Continue annual reporting via the rehabilitative care system performance report and incorporate enhancements, including performance at the organizational level.
- Review and refresh performance indicators.
- Incorporate outpatient indicators on wait time and utilization into the report.
 - Identify 2-3 indicators from the outpatient data to include, develop technical specifications and conduct data quality review.
- Identify and undertake work on 2-3 provincial level quality improvement initiatives in collaboration with regional and provincial partners, in alignment with health system directions and in support of OHTs.
- Work with interested OHTs or regional partners to do a root cause analysis exercise (based on performance data) and develop a plan for rehabilitative care quality improvement for their geographically defined population.

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