

## RCA UPDATE

A summary from the RCA Steering Committee meeting, September 4, 2018.

In addition to work on the initiatives below, planning and consultation is also underway to develop directions for the RCA's next mandate. An RCA evaluation survey will also be implemented this fall.

INITIATIVE	
<b>Hip Fracture and TJR QBP Best Practice Frameworks</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>Establish and support implementation of standardized rehabilitative care best practices for hip fracture and primary hip &amp; knee replacement.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>247 self-assessments were submitted (116 Hip Fracture/131 TJR) from 104 organizations across all 14 LHINs. Organizations evaluated their practices relative to the hip fracture and TJR frameworks. LHIN-level gap analyses will be completed fall 2018 to inform opportunities for quality improvement.</li> </ul>

INITIATIVE	
<b>Definitions</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>Develop a shared understanding among patients, families and referring professionals on the levels of rehabilitative care including a definition of restorative potential, eligibility criteria, goals of care, patient/client characteristics, medical/health care resources, and intensity of therapy for each level.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>Conducted survey to assess LHIN use of frameworks and their value in identifying appropriate level of care. Analysis underway.</li> <li>Providing support to HSPs and LHINs to implement definition frameworks/tools and standardized naming convention.</li> <li>Developed concept and model to align Access to Care's Wait Times Information System – ALC reporting with the bedded definitions framework.</li> <li>Working with stakeholder group and thehealthline.ca to develop and implement a centralized rehabilitative care portal for the public with individual pages for each LHIN. To launch in Fall 2018.</li> </ul>

INITIATIVE	
<p style="text-align: center;"><b>Capacity Planning</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Support LHINs in applying a standardized approach to capacity planning for rehabilitative care.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Adopted simplified approach of health system structural assessment (HSSA) model and drafted HSSA “canvas” to help LHINs apply it to regional capacity planning.</li> <li>• Hip fracture identified as target population to test the approach, with COPD to follow.</li> <li>• Worked with panel of subject matter experts to define scope of hip fracture population and completed initial draft of the canvas for that population, including needs, resources and resource-relevant factors. Held meeting with former patients to gather input.</li> </ul>

INITIATIVE	
<p style="text-align: center;"><b>System Evaluation</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Standardize evaluation of rehabilitative care services at the regional and provincial level to support evidence-based practice and system-wide improvement.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Released the 2016/17 performance data and scorecard.</li> <li>• Presented scorecard to Patient and Caregiver Advisory Group for feedback.</li> <li>• Determined processes for ongoing annual reporting; continuing to refine them.</li> <li>• Prioritized additional indicators from framework for inclusion in future performance report.</li> <li>• Preparation underway for release of 2017/18 performance report and scorecard in fall 2018.</li> </ul>

INITIATIVE	
<p style="text-align: center;"><b>Outpatient/ Ambulatory</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Address a data gap in this part of continuum to help inform outpatient rehab contribution to bundled care and HSNR; inform LHINs how to optimize use of resources to improve and maintain functional status of people in the community.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Continued work on three data collection tools tested in proof of concept:</li> </ul>

	<ul style="list-style-type: none"> <li>○ <i>WATLX™ (Patient Experience)</i>: Released in July 2018 by NRC Health, OHA and RCA team for use by hospital-based programs.</li> <li>○ <i>NACRS Clinic Lite (Access and Transition/Financial Performance)</i>: Endorsed by MOHLTC for use in Hip and Knee bundled funding pilot; RCA supporting pilot sites.</li> <li>○ <i>Community Rehab Assessment (Clinical and Patient-Reported Outcomes)</i>: Phase II pilot underway with 27 organizations participating.</li> </ul>
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INITIATIVE	
<b>Assess &amp; Restore/Frail Seniors</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Standardize best practice rehabilitative care for frail older adults by developing evidence-informed care pathways and processes; support implementation and evaluation of Assess &amp; Restore initiatives.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Developed draft pathway to rehabilitative care for frail older adults in the community who present to primary care or the emergency department post-fall.</li> <li>• Pathway presented to Patient and Caregiver Advisory Group for feedback. Additional stakeholder input underway prior to finalizing pathway.</li> <li>• Analysis underway of the provincial impact of 2017/18 Assess &amp; Restore funding.</li> <li>• Planning underway for 2018 A&amp;R virtual forum to be held November 2018.</li> </ul>

**Please share this document with rehabilitative care system stakeholders in your region/organization. For more information on the RCA and our activities, visit [rehabcarealliance.ca](http://rehabcarealliance.ca)**

**NEXT MEETING**

**Next quarterly meeting of the Steering Committee – December 2018**

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