

## RCA UPDATE

A summary from the RCA Steering Committee meeting, March 19, 2018

INITIATIVE	
<b>Evaluation of RCA</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>To determine the impact of the contributions of RCA at the system, LHIN and health service provider level since its establishment in 2013 and gather information to guide future mandates.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>Evaluation framework and questions have been developed.</li> <li>Questionnaire will be distributed in early fall to a broad group of stakeholders.</li> </ul>

INITIATIVE	
<b>Hip Fracture and TJR QBP Best Practice Frameworks</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>Establish and support implementation of standardized rehabilitative care best practices for hip fracture and primary hip &amp; knee replacement.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>To date, 155 organizations across the province participating in self-assessment to evaluate their practices relative to TJR framework; 165 participating in self assessment against hip fracture framework. Results will be received by early May and RCA will collate.</li> <li>RCA TJR framework used by MOHLTC to inform outpatient rehab component of hip and knee bundled funding pilot.</li> <li>RCA participating on IDEAS Integrated Funding Advisory Committee applying QI approach to bundled pilots.</li> </ul>

INITIATIVE	
<b>Definitions</b>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>Develop a shared understanding among patients, families and referring professionals on the levels of rehabilitative care including a definition of restorative potential, eligibility criteria, goals of care, patient/client characteristics, medical/health care resources, and intensity of therapy for each level.</li> </ul>

INITIATIVE	
	<p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Framework and survey developed to assess LHIN use of frameworks and their value in identifying appropriate level of care. Distribution/completion will take place this spring.</li> <li>• Working with Access to Care (ATC) and subject matter experts from five LHINs to re-align the ATC Wait Time Information System – ALC reporting with the bedded definitions framework.</li> <li>• Working with thehealthline.ca to develop and implement a centralized rehabilitative care portal for the public with individual pages for each LHIN. Anticipated launch date: Fall 2018.</li> </ul>

INITIATIVE	
<p><b>Capacity Planning</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Support LHINs in applying a standardized approach to capacity planning for rehabilitative care.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Developing and testing a simplified approach to help LHINs apply approach. Using health system structural assessment (HSSA) model focused at strategic (provincial) level. Hip fracture identified as target population to test the approach, with COPD to follow. Working with panel of subject matter experts to define scope of population and their needs.</li> </ul>

INITIATIVE	
<p><b>System Evaluation</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Standardize evaluation of rehabilitative care services at the regional and provincial level to support evidence-based practice and system-wide improvement.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Developed interactive scorecard and process for ongoing annual reporting.</li> <li>• Review of current indicators underway, but full refresh and development of additional benchmarks will not take place for one to two years.</li> <li>• Preparation underway for release of 2017/18 performance report and scorecard.</li> </ul>

INITIATIVE	
<p><b>Outpatient/ Ambulatory</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Address a data gap in this part of continuum to help inform outpatient</li> </ul>

	<p>rehab contribution to bundled care and HSR; inform LHINs how to optimize use of resources to improve and maintain functional status of people in the community.</p> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Following up on proof of concept results for three data collection tools: <ul style="list-style-type: none"> <li>○ <i>WATLX™ (Patient Experience)</i>: NRC Health and RCA team working toward release to hospital-based programs in Q1 of 2018/19 for their ongoing use.</li> <li>○ <i>NACRS Clinic Lite (Access and Transition/Financial Performance)</i>: Has been endorsed by MOHLTC for use in Hip and Knee bundled funding pilot.</li> <li>○ <i>Community Rehab Assessment (Clinical and Patient-Reported Outcomes)</i>: Phase II pilot underway with 28 organizations participating. All LHINs are represented.</li> </ul> </li> <li>• Continuing work with interRAI on longer term strategy for the OP/AMB Minimum Dataset.</li> </ul>
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INITIATIVE	
<p><b>Assess &amp; Restore/Frail Seniors</b></p>	<p><b>Overall Objective</b></p> <ul style="list-style-type: none"> <li>• Standardize best practice rehabilitative care for frail older adults by developing evidence-informed care pathways and processes; support implementation and evaluation of Assess &amp; Restore initiatives.</li> </ul> <p><b>Status Update</b></p> <ul style="list-style-type: none"> <li>• Met with Project ECHO Care of the Elderly (Baycrest Health Sciences) re: including rehabilitative care of the elderly in ECHO’s primary care education curriculum.</li> <li>• Finalized technical specifications to support standardized data collection and reporting across A&amp;R-funded initiatives.</li> <li>• Work underway to develop care pathways for prevention of functional decline among older adults who experience a fall.</li> </ul>

Please share this document with rehabilitative care system stakeholders in your region/organization. For more information on the RCA and our activities, visit [rehabcarealliance.ca](http://rehabcarealliance.ca)

**Hold the date!** RCA Provincial Forum scheduled for June 21, 2018.

**NEXT MEETING**

**Next quarterly meeting of the Steering Committee – September 2018**

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