



Baycrest  
Ontario

Baycrest Health Sciences, in partnership with North East Specialized Geriatric Centre, is launching Project ECHO Care of the Elderly (ECHO COE), a telehealth program that aims to help primary care providers build capacity in the care of older adults through biweekly 90 minute videoconference sessions.

# ECHO Care of the Elderly

## What is ECHO?

Project **ECHO** was created by Dr. Sanjeev Arora at the University of New Mexico and is an enhanced telehealth program that features a collaborative learning environment. **ECHO** stands for Extensions for Community Healthcare Outcomes. **ECHO** increases Primary Care Providers' (PCP) skills and confidence in managing specific complex chronic conditions through case-based learning video-conferencing sessions. It facilitates a community of practice by linking primary care provider(PCP) with specialists to discuss actual cases with their colleagues in real-time. **ECHO** follows a 'Hub' and 'Spoke' model of knowledge dissemination and capacity building, which aims to exchange knowledge between academic health science centers and community care partners. It relies on the flow of knowledge in multiple directions: from specialists to primary care providers; between primary care providers; and from primary care providers to specialists.

This project is fully funded by the Ministry of Health and Long-Term Care and does not require any payment from primary care provider sites.



**ECHO** Clinic Sessions will be held biweekly on Mondays from 3-4:30 p.m. starting October 30, 2017. The clinic session dates for the pilot cycle are as follows:

October 30, 2017 | November 13, 2017 | November 27, 2017 | December 11, 2017  
January 8, 2018 | January 22, 2018 | February 5, 2018 | February 26, 2018  
March 12, 2018 | March 26, 2018

The 90 minute sessions include a 10-15 minute didactic presentation related to care of older adults, followed by one to two patient case presentations (de-identified) by participants.

**ECHO** Clinic Sessions will include didactic lectures on topics such as:

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| <ul style="list-style-type: none"> <li>● Dementia - screening and diagnosis</li> <li>● Responsive behaviors (behavioral and psychological symptoms of dementia)</li> <li>● Mood disorders</li> <li>● Falls</li> </ul> | <ul style="list-style-type: none"> <li>● Sleep disorders</li> <li>● Pain</li> <li>● Incontinence</li> <li>● Driving</li> <li>● Medication management</li> </ul> |
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For more information or to register, please email [echo@baycrest.org](mailto:echo@baycrest.org) or visit [www.baycrest.org/echo](http://www.baycrest.org/echo).



North East Specialized Geriatric Centre  
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