



Rehabilitative Care Alliance

Improving Rehabilitative Care in Ontario

A progress report – June 2018

The Rehabilitative Care Alliance (RCA) works with partners across the province to strengthen and standardize rehabilitative care. Here's what we're working on:

Hip Fracture and Total Joint Replacement QBP Best Practice Frameworks

We established standardized rehabilitative care best practices for hip fracture and primary hip & knee replacement. Now we're supporting implementation across the province.

What we've done

- ✓ Developed resources to support implementation of the best practice frameworks
- ✓ Developed and disseminated self-assessment tools to allow organizations to evaluate their care against best practices
- ✓ Supported the use of the RCA TJR QBP Best Practice Framework within the MOHLTC hip and knee bundled funding pilot

What we're doing by March 2019

- Analyzing the 200+ completed self-assessments and providing sector-specific reports at the LHIN and provincial level to identify opportunities for quality improvement
- Identifying leading practices and exploring opportunities for spread

Definitions

We established standardized levels of care for rehabilitative care programs using frameworks for bedded and community-based care. Now we're working with LHINs and health care providers to implement them.

What we've done

- ✓ Developed resources/tools to help LHINs and providers implement the frameworks and developed a standardized naming convention for all programs
- ✓ Confirmed approach for aligning ALC reporting with bedded definitions framework

What we're doing by March 2019

- Evaluating implementation of the definitions frameworks
- Implementing a provincial Rehabilitative Care Portal through *thehealthline.ca* to provide LHIN-specific rehabilitative care information for the public

Assess & Restore/Frail Seniors

We evaluated and shared learnings from A&R initiatives across the province. Now we're developing a care pathway for secondary fall prevention for frail older adults.

What we've done

- ✓ Provided planning considerations to support LHINs in A&R base funding allocations
- ✓ Developed specifications to support standardized data collection and reporting across A&R-funded initiatives
- ✓ Began to develop a care pathway for prevention of functional decline in older adults who fall and present to primary care

What we're doing by March 2019

- Reporting on provincial impact of 2017/18 A&R funding and holding annual knowledge exchange session in Fall 2018
- Developing and supporting implementation of secondary fall prevention care pathway for frail older adults in the community

System Evaluation

We established a standardized approach to evaluating rehabilitative care system performance. Now we're refining the process and preparing the second annual report.

What we've done

- ✓ Developed a software-enabled (PowerBI) version of the performance report for easy use and refined the process for ongoing annual reporting
- ✓ Released the 2016/17 performance data for RCA priority and supplementary indicators

What we're doing by March 2019

- Releasing the second annual Rehabilitative Care System Evaluation Performance Report (2017/18 data)
- Identifying opportunities for LHINs to improve quality and their performance against provincial benchmarks

Outpatient/Ambulatory

We developed a minimum data set and piloted tools to support standardized data collection in outpatient rehabilitation. Now we're rolling the tools out across the province.

What we've done

- ✓ Launched a broader rollout of the outpatient/ambulatory minimum data set and tools:
 - WatLX™ to be available through NRC Health in Q2 of 2018/19
 - NACRS Clinic Lite endorsed for use in MOHLTC hip and knee bundled funding pilot
 - Community Rehab Assessment in phase II pilot with 27 organizations across province participating

What we're doing by March 2019

- Supporting health service providers with their ongoing implementation

Capacity Planning

We've developed an approach to support standardized planning for rehabilitative care at the provincial and regional level. Now we're working with LHINs to implement it.

What we've done

- ✓ Developed a simplified approach for RCA Capacity Planning Framework using Health System Structural Assessment (HSSA) and a draft process (HSSA "canvas") that includes needs, resources and other factors
- ✓ Worked with LHINs to identify hip fracture as priority population to test process

What we're doing by March 2019

- Finalizing capacity planning process "canvas" for rehabilitative services post hip fracture
- Determining future needs of hip fracture patients in Ontario across the continuum using evidence, consensus of clinical experts and input from patients and caregivers
- Developing recommendations to meet future needs for this patient population

Visit rehabcarealliance.ca for more information about the RCA and our activities.

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