

- The resources on these pages have been collected for use to support health care professionals to provide virtual care services due to COVID-19 isolation or social distancing.
- *The linked information, materials and other content on this web page is not intended to replace a health professional's own professional judgement and decision-making.*
- *This page contains links to information and materials and other content that might assist health professionals work and consult remotely with clients, and with clients who may have been discharged prior to completing their full rehabilitation programs.*
- Please note these are suggestions ONLY and have not been reviewed or endorsed and some may include a cost

*Please share any tool, tips you have so others can learn too –  
Please send resources you wish to share to Denise Taylor, [taylor@tbh.net](mailto:taylor@tbh.net)*

## **ONTARIO COLLEGE INFORMATION**

### **College of Audiologists and Speech-Language Pathologists of Ontario**

Position Statement – Use of Telepractice Approaches in Providing Services to Patients/Clients (2014)

[http://caslpo.com/sites/default/uploads/files/PS\\_EN\\_Use\\_of\\_Telepractice\\_Approaches\\_in\\_Providing\\_Services\\_to\\_Patients\\_or\\_Clients.pdf](http://caslpo.com/sites/default/uploads/files/PS_EN_Use_of_Telepractice_Approaches_in_Providing_Services_to_Patients_or_Clients.pdf)

### **College of Dietitians of Ontario**

[https://www.collegeofdietitians.org/resources/professional-practice/telepractice/telephone-web-based-counselling-\(2017\).aspx](https://www.collegeofdietitians.org/resources/professional-practice/telepractice/telephone-web-based-counselling-(2017).aspx)

<https://www.collegeofdietitians.org/resources/professional-practice/social-media/professionalcommunications.aspx>

### **College of Kinesiologists of Ontario**

[https://coko.ca/CKO\\_Public/Public\\_Content\\_Records/Registered/Subcontent2/Practice\\_Resources/Providing\\_Virtual\\_Care.aspx](https://coko.ca/CKO_Public/Public_Content_Records/Registered/Subcontent2/Practice_Resources/Providing_Virtual_Care.aspx)

### **College of Nurses of Ontario, 2017**

Practice Guideline - Telepractice

[https://www.cno.org/globalassets/docs/prac/41041\\_telephone.pdf](https://www.cno.org/globalassets/docs/prac/41041_telephone.pdf)

### **College of Occupational Therapists of Ontario**

Guidelines for telepractice in occupational therapy (2017)

<https://www.coto.org/resources/guidelines-for-telepractice-in-occupational-therapy>

### **College of Physiotherapists of Ontario – Tele-Rehabilitation in Physiotherapy**

Tele-practice: Guidelines and Resources for Physiotherapists, FAQs

<https://www.collegept.org/registrants/practice-advice/tele-rehabilitation-in-physiotherapy>

<https://www.collegept.org/registrants/virtual-practice-in-physiotherapy>

**College of Psychologists of Ontario Standards of Practice (incl. telehealth standards adopted in 2011)**

<https://www.gwmail.tbh.net/gw/webacc?User.context=a532ae75f1f0977c67c2bc8530983d36be8ca1c07486cfa2c0e8c7d69758cf5a&merge=webacc>

**Ontario College of Social Workers and Social Service Workers**

<https://www.ocswssw.org/2020/03/20/covid-19-recommendations-for-social-workers-and-social-service-workers/>

[https://www.ocswssw.org/wp-content/uploads/2014/11/PN-Communication\\_Technology\\_Practices\\_Policies\\_for\\_Digital\\_World.pdf](https://www.ocswssw.org/wp-content/uploads/2014/11/PN-Communication_Technology_Practices_Policies_for_Digital_World.pdf)

<https://perspective.ocswssw.org/top-10-considerations-for-using-communication-technology-in-practice/>

Code of Ethics and Standard of Practice <https://www.ocswssw.org/wp-content/uploads/2018/09/Code-of-Ethics-and-Standards-of-Practice-September-7-2018.pdf>

**OTHER RESOURCES**

**Ontario Society of Occupational Therapists:**

**Engaging Telepractice in your Occupational Therapy Practice: Considerations for attention during the COVID-19 pandemic (2020)**

-identification of risk, changing practice to meet client needs, platforms to consider, consideration when working from home, resources

[http://www.osot.on.ca/docs/practice\\_resources/OSOT\\_Telepractice\\_Resource\\_April\\_2020.pdf](http://www.osot.on.ca/docs/practice_resources/OSOT_Telepractice_Resource_April_2020.pdf)

**Speech Language Audiology Canada – Telepractice and COVID update Telepractice**

[http://caslpo.com/sites/default/uploads/files/PS\\_EN\\_Use\\_of\\_Telepractice\\_Approaches\\_in\\_Providing\\_Services\\_to\\_Patients\\_or\\_Clients.pdf](http://caslpo.com/sites/default/uploads/files/PS_EN_Use_of_Telepractice_Approaches_in_Providing_Services_to_Patients_or_Clients.pdf)

<https://www.sac-oac.ca/news-events/news/new-covid-19-update-telepractice>

**Canadian Physiotherapy Association – Tele-Rehabilitation Resources**

<https://physiotherapy.ca/tele-rehabilitation>

[Resource: CPA Position Statement Tele-rehabilitation](#)

[Resource: Consent Form to Use Electronic Communications to Provide Telehealth Services \(March 27\)](#)

[Resource: Sun Life Announces Tele-Rehabilitation Coverage \(March 24\)](#)

[Resource: COVID-19 Raises Cybersecurity Risks \(March 23\)](#)

[Resource: Tele-Health Partners' Offers \(March 19\)](#)

[Resource: Current State of COVID-19: Tele-Rehabilitation and Business Interruption Insurance \[Webinar\] \(March 17\)](#)

[Expert Contribution: Tele-Rehabilitation in Times of COVID-19 by Jennifer O'Neil, PT, PhD \(Candidate\) \(March 16\)](#)

Questions to ask prior to implementing tele-rehabilitation services

**Tele-Rehabilitation Resource Guide – Physiotherapy Alberta: College & Association**

[https://www.physiotherapyalberta.ca/physiotherapists/resources\\_to\\_help\\_you\\_meet\\_practice\\_standards/telerehabilitation\\_guide](https://www.physiotherapyalberta.ca/physiotherapists/resources_to_help_you_meet_practice_standards/telerehabilitation_guide)

**A Pragmatic Overview of the Research and Implementation of Tele-Rehabilitation with Neurological Populations (Archived Webinar - April 1, 2020)**

<https://physiotherapy.ca/pragmatic-overview-research-and-implementation-tele-rehabilitation-neurological-populations-april-1>

**Canadian Alliance of Physiotherapy Regulators**

<https://www.alliancept.org/publications/>

Tele-rehabilitation – Guidelines for Physiotherapists (September 2017)

Tele-rehabilitation – Patient Information (September 2017)

**Psychology College Bulletins on COVID-19** for additional links specific to ethical delivery of telepsychology services.

**-Ethics and telepsychology** [https://www.youtube.com/playlist?list=PLFmT332\\_Jx4u18qpVfo5B95uWJgEnvd7A](https://www.youtube.com/playlist?list=PLFmT332_Jx4u18qpVfo5B95uWJgEnvd7A)

**American Psychology Association Telepsychology services checklist** (adopted within Canada and made simple to use by Ontario Psychological Association (OPA))

[https://www.psych.on.ca/OPA/media/Members/Guidelines/Office-Technology-Checklist-for-Telepsychology-Services-\(3-14-20\).pdf](https://www.psych.on.ca/OPA/media/Members/Guidelines/Office-Technology-Checklist-for-Telepsychology-Services-(3-14-20).pdf)

**Ontario Psychology Association Teletherapy consent checklist**

[https://www.psych.on.ca/OPA/media/Members/Guidelines/Consent-Checklist-for-Telepsychology-Services-\(3-14-20\).pdf](https://www.psych.on.ca/OPA/media/Members/Guidelines/Consent-Checklist-for-Telepsychology-Services-(3-14-20).pdf)

**American Psychology Association how to protect your practice and your clients**

<https://www.apa.org/practice/programs/dmhi/research-information/telepsychological-services-checklist>

**Canadian Psychological Association COVID-19 Resources page**

<https://cpa.ca/psychology-works-fact-sheet-psychological-practice-and-the-coronavirus-covid-19/>

**Stroke Foundation – Australia**

A collection of resources for use by stroke care and rehabilitation professionals to provide telehealth services due to COVID-19 isolation or social distancing.

<https://informme.org.au/News/2020/03/26/COVID-19-Telehealth-resources>

**LITERATURE:**

Taylor D, Stone SD, MPJ Huijbregts (2012) [Remote participants' experiences with a group-based stroke self-management program using videoconference technology](#) Rural and Remote Health 2012; 12: 1947

Laver KE, Adey-Wakeling Z, Crotty M, Lannin NA, George S, Sherrington C (2020). [Telerehabilitation services for stroke.](#) Cochrane Database Syst Rev. 2020 Jan 31;1:CD010255. doi: 10.1002/14651858.CD010255.pub3.

Chen J, Jin W, Zhang XX, Xu W, Liu XN, Ren CC (2015). [Telerehabilitation approaches for stroke patients: systematic review and meta-analysis of randomized controlled trials.](#) *J Stroke Cerebrovasc Dis.* 2015 Dec;24(12):2660-8. doi: 10.1016/j.jstrokecerebrovasdis.2015.09.014. Epub 2015 Oct 23.

Tchero H, Teguo MT, Lannuzel A, Rusch E (2018) [Telerehabilitation for Stroke Survivors: Systematic Review and Meta-Analysis](#) Journal of Medical Internet Research 20(10).

Clark RA, Conway A, Poulsen V, Keech W, Tirimacco R, Tideman P (2015). [Alternative models of cardiac rehabilitation: a systematic review.](#) *Eur J Prev Cardiol.* 2015 Jan;22(1):35-74. doi: 10.1177/2047487313501093. Epub 2013 Aug 13.

Kairy D, Lehou P, Vincent C, and M Visintin (2009) [A systematic review of clinical outcomes, clinical process, healthcare utilization and costs associated with telerehabilitation](#) Disability and Rehabilitation 31(6) 427-447.

Weidner, K and J Lowman (2020) [Telepractice for Adult Speech-Language Pathology Services: A Systematic Review | Perspectives of the ASHA Special Interest Groups](#) 5(1) 326-238.

Hailey D, Roine R, Ohinam A and Dennett L. (2011) [Evidence of benefit from tele rehabilitation in routine care: a systematic review](#) Journal of telemedicine 17:281-287.