RCA Progress Report:
Key Accomplishments

Q2 • 2026/27

Rehabilitative Care Alliance

This report provides partners with a "snapshot" of the RCA's major activities and key accomplishments over the previous quarter. Alignment with the RCA's strategic pillars (as outlined in our Strategic Framework) is indicated by coloured icons, as follows:

- **Speak with One Voice**
- **Partner for System Solutions**
- **Foster Excellence in Care**
- **Use Evidence to Drive Change**

PLEASE NOTE:

The activities outlined below do not represent the RCA's full scope of work during this period. This report provides a high-level overview of progress across select initiatives.

Initiatives	Q2 Activity Highlights	Alignment with Strategic Pillar(s)
REHAB CARE STANDARDS	Completed a full text review of the literature to inform development of a Rehab in Acute Care Framework. Began drafting the framework based on findings from the review.	
SPECIALIZED REHAB	Met with rehab leaders in OH West and North West to review specialized rehab survey findings, identify access issues and discuss implications for a hub/spoke model. Developed and disseminated follow-up surveys for acquired brain injury, amputee and pulmonary rehab to clarify organizational and regional services and inform further discussions with Ontario Health.	
OLDER ADULTS LIVING WITH FRAILTY	Advanced provincial implementation through development of a patient guide, alignment of frailty pathways and resources, release of French translations, and continued support for post-fall pathway and RAP uptake across OHTs	
SYSTEM EVALUATION	Validated 2025/26 in-home rehab wait time data and acute care wait times for inpatient rehab; received preliminary falls-related population health data. Reviewed system performance measures with the Data Strategy Working Group and initiated literature review on provider experience measures.	
COMMUNITY-BASED REHABILITATION	Convened Rehab in Primary Care Working Group to review existing resources, integration approaches and HHR challenges, and inform development of a practical resource.	
BUNDLED CARE	Completed the shoulder arthroplasty guideline literature review; analyzed hip, knee and shoulder bundled care rehab data and began the summary report; initiated an update of the provincial external referral directory.	
REHAB WORKFORCE INITIATIVE	Drafted a Rehab Workforce Strategy Framework and sought task group feedback on priorities. Met with OH North East and NOSM University to explore the Learn and Stay Grant for rehab students. Initiated literature review on improving provider experience and completed review of rehab assistant roles in community settings, including virtual delivery.	
REHAB IN EMERGENCY DEPARTMENT	Disseminated a provincial survey of rehab models of care in EDs and completed analysis of 56 responses representing 48 EDs and 35 health care organizations. Convened the Rehab in ED Task Group to review findings and discuss the purpose and target audiences of planned guidance documents, including a briefing note for Ontario Health and the Ministry of Health and a resource for EDs.	

Looking Ahead

Over the next quarter, the RCA plans to:

- Advance the Rehab in Acute Care Framework and draft a briefing note on rehab models in EDs, informed by further interviews.
- Draft resources for rehab in primary care and rehab assistant roles in community settings; continue PROM and PREM implementation support.
- Continue support for post-fall pathways and the Rehab Access Pathway; refine the older adult patient guide and pathway decision trees.
- Draft a capacity planning project plan and initiate regional engagement.
- Analyze specialized rehab survey findings; hand over the next phase of stroke rehab work to regional stroke networks.
- Finalize the Rehab Workforce Strategy Framework and continue work on provider experience and northern workforce strategies.
- Begin drafting updated shoulder arthroplasty guideline; finalize bundled care utilization report and provincial directory update.
- Prepare 2025/26 system performance data for RCA dashboard and continue review of performance measures

As always, we are immensely grateful for the many partners, including our patient and care partner advisors, who contribute to the RCA's efforts to strengthen and standardize rehabilitative care across the province.

RCA Secretariat

Supporting these and other initiatives are the Rehabilitative Care Alliance secretariat's project managers: Sue Balogh*, Sanja Milicic Iafrate*, Sharon Ocampo-Chan, and Gabrielle Sadler. For more information about this report or the RCA's work to strengthen and standardize rehabilitative care in Ontario, please contact Charissa Levy*†, Executive Director.

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